## Summer News 2013

# HOPE I AVEN OF THE LOWCOUNTRY

## Children's Advocacy and Rape Crisis Center

Being a Hope Haven volunteer or intern is an incredibly rewarding experience. Please consider joining Hope Haven of the Lowcountry, the Rape Crisis and Children's Advocacy Center by attending the following training sessions:

# Hope Haven Victim Advocate Volunteer Training

Hope Haven volunteers serve as hospital advocates to child and adult survivors of sexual assault, and are also trained to answer crisis calls from the 24-hour hotline. Experts in law enforcement, counseling, and a sexual assault nurse examiner will teach you how to work with sexual assault victims. The 25-hour training also includes group discussions and role plays to equip volunteers with the skills necessary to help victims in crisis situations.

Training will be held July 29th, July 31st, August 2nd, August 6th, August 8th, and August 10th from 5:30pm - 9pm (except for August 10th which will be from 8:30am - 3pm). Volunteers must attend all six sessions to be fully trained. The location of the training will be announced at a later date.

#### Child Advocate Volunteer Training

Hope Haven child advocate volunteers greet families, clients, and agency representatives visiting the office. Volunteers interact with children to help reduce stress and anxiety during the forensic interview and treatment process. There are two upcoming scheduled training: Wednesday, July 10 and August 14th from 9am – 12:30pm at Hope Haven's office.

Pre-registration is required for both trainings. For more information and to register please call Christine Smith at (843) 524-2256 or e-mail hope9@islc.net.

## From the Desk of the Executive Director

It's hard to imagine that summer is upon us and half the year is over! Lilies on the River was a huge success thanks to all our generous supporters, volunteers, sponsors and business partners! The powerful words of the survivors who spoke at the event still linger in my mind and I'm ever hopeful that more victims will find healing through the work of Hope Haven. It also reminds me that we cannot stop now. There's



Shauw Chin Capps, MSW Executive Director

much more work to be done if we are serious about eradicating child abuse and sexual violence in our community.

In this newsletter are ways you can make our community a safer place by advancing Hope Haven's mission. I hope you will consider becoming a victim advocate or child advocate volunteer by attending our volunteer training.

Perhaps our most exciting news is that Hope Haven will soon have a new home! Our growth in the past few years means we have run out of space to serve those who need us most. Dick and Sharon Stewart, strong supporters of Hope Haven, have helped to find an



ideal spot at 1212 Charles St. We anticipate moving in September.

Change and progress go hand in hand. I am proud to

be a part of an organization that is always flexible in meeting the needs of victims but always focused and steadfast in accomplishing its mission. Your continued investment in Hope Haven and in our community makes our work possible.



#### Merchant List

Thanks to all the businesses and individuals who donated to the silent auction at Lilies on the River!

Pink House Gallery of Fine Art and Framing
Vagabond Cruise
Ellen Taylor
Truffles Restaurant
David Ames
Gloria Daly
Nan and Chaz Strauch
Nina Rumbough
Lowcountry Produce
Suzy Lange
Doneane Daise
Mr. Jan Rosenburg

Mr. Jan Rosenburg
Sigler's Rottisserie & Seafood
Claude - Uli's Bistro
Neo's

Worth of the Lowcountry Marguerite Garrett

Eugene Rugala and Edie Smith Jim and Marianne Rothnie John and Kathie Patten Brenda Maddaluna Cheri Thurston Debbie Covinaton Caterina Michael and Madeline Tucker Kellie McCann Photography Smith and Son Welding Sports Addiction Renee & Associates Lee Schepps & Barbara Cottrell Kristin Miguel Beryl LaMotte The Goldsmith Shop

Papaya Island

Golis Family Jewelers Liberte Nails Fletcher's Finds - Paula Flowers Captain Woody's Oyster Cay Collection Modern Jewelers Rossianol's Tory Roschen Nancy Sturgis Helen Carlisle, LLC Indigo Gallery Breakwater Forsythe Jewelers Diane Ursillo The Cottage Café, Bakery & Tea Room Midnight Bakers

Griffin Market

Don and Terri Brashears Vineyard 55 May River Grill Station 300 Charles & Co. Kathleen Nojd Bill's Liquors Le Creuset of America Industry West Sunshine Nursery Sea Grass Stables at Melrose Phyllis Mauney Markel's Cards and Gift Southern Graces Catering Rhett House Inn Beaufort Inn Carolina Floral Design Beaufort

#### Leading the Way to Provide Trauma Informed Care

Traumatic experiences can be dehumanizing, shocking or terrifying, singular or multiple compounding events over time, and often include betrayal of a trusted person or institution and a loss of safety. Trauma can result from experiences of violence. Trauma includes physical, sexual and institutional abuse, neglect, intergenerational trauma, and disasters that induce powerlessness, fear, recurrent hopelessness, and a constant state of alert. Trauma impacts one's spirituality and relationships with self, others, communities and environment, often resulting in recurring feelings of shame, guilt, rage, isolation, and disconnection. Healing is possible.

Trauma-informed care is an approach to engaging people with histories of trauma that recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives.

This year, MUSC along with the Dee Norton Lowcountry Children's Center (DNLCC) partnered with Hope Haven to pilot a child friendly trauma screen/assessment called Structured Trauma-Related Experiences and Symptoms Screener (STRESS). A software was developed that allowed the assessment to be done from a computer tablet that actually "speaks" to the child. As a result of this partnership, Hope Haven will be able to systematically screen every child referred to us. When children exhibit symptoms because of sexual or physical abuse, one of the most common diagnoses is Post Traumatic Stress Disorder (PTSD). Often PTSD in children are masked behind diagnoses such as Attention Deficit Hyperactive Disorder (ADHD), Conduct Disorder or Oppositional Defiant Disorder (ODD). The results of the trauma screen will enhance our staff's ability to refer children to mental health professionals with specialized training in child abuse and trauma. In addition, caregivers who are key to a child's success in treatment will also be educated on how the trauma their child has experienced can impact his/ her behaviors and daily functioning, which will in turn increase their ability to support their child through the treatment process.

## Women In Philanthropy Grant Jump Starts Girls Circle Project

Hope Haven is honored to be awarded \$11,500 from Women In Philanthropy to start an evidence-based prevention project that empowers girls and young women. Girls Circle is a structured support group for girls from 9-18 years

that increases positive connection, strengths, and competence in girls. Hope Haven will be implementing Girls Circle groups in several middle and high schools as well as the Boys and Girls Club in Beaufort County.





Children's Advocacy and Rape Crisis Center

### staff

Shauw Chin Capps. Executive Director

Leigh-Ann Shoupe, Director of Prevention and Outreach

Jean Brown. Executive Assistant

Ashley Bratcher, **Therapist** 

Kristin Dalton, PNP. Child Abuse Medical Provider

Mary Beth Hefner. Forensic Interviewer/Therapist

Marian Lindsey, Coordinator of Victim Services

Sarah McKenna. Intake Coordinator/ Family Advocate

Christine Smith. Sexual Assault Outreach Specialist

Nicole Smith, Family Advocate

Jeff Spargo, Violence Prevention Specialist

Jeanne Garifallou. Program Support Staff

Kendra Twitty, Forensic Interviewer/Therapist

Mandy Renteria, **Therapist** 

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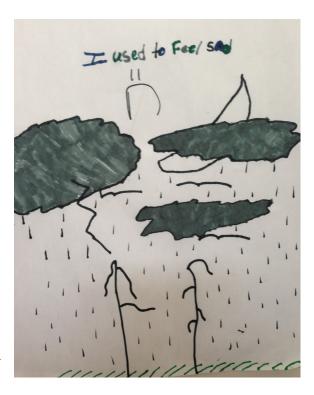


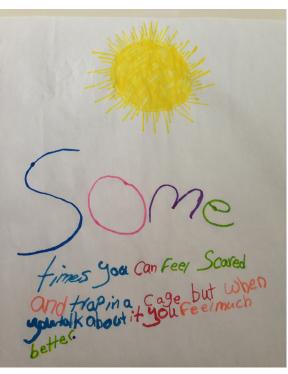


## Hope Haven Summer 2013 Newsletter

## Success Story

An eight-year-old girl made these drawings during a counseling session at Hope Haven. She had been abused for four years. She felt "trapped in a cage," by feelings of embarrassment, guilt, shame, and fear of telling someone what happened to her. While we often think that talking about the abuse will re-





traumatize the child, the most traumatizing thing to a child is the silence and neglect of adults who fail to offer a believing and supporting ear.

You made this girl's journey toward healing possible. Your investment in Hope Haven frees children trapped in the trauma of their abuse by providing them the necessary treatment for healing.